

Hello Rosies!

Here are some patterns that we've been using and the materials list for each to make ONE mask.

#1 Simple pleated mask -- Skill level advanced beginner (understand pleats and binding)

Find the video [here](#).

To make this mask, you will need:

- One rectangle of cotton 15" x 7.5"
- About 12 " of bias tape -- if you are feeding elastic through the tape, I suggest a tape that is at least 1.5" wide. 1" bias tape gives you an itty bitty channel to feed the elastic
- 12" - 24 inches of elastic, either $\frac{1}{8}$ " or the small cord elastic works best **or** ties (bias tape doubled and stitched or fabric ties)
- Nose wire -- I've used pipe cleaners and jewelry wire. The original calls for twist ties.

Variations:

The original pattern calls for 9.75" of elastic. I have found this to be WAY TO SMALL. I will cut at about 11" and then knot or zigzag the ends. Alternatively, you can cut about 6" lengths of elastic for each side and then sew them in the top/bottom. See figure 1:

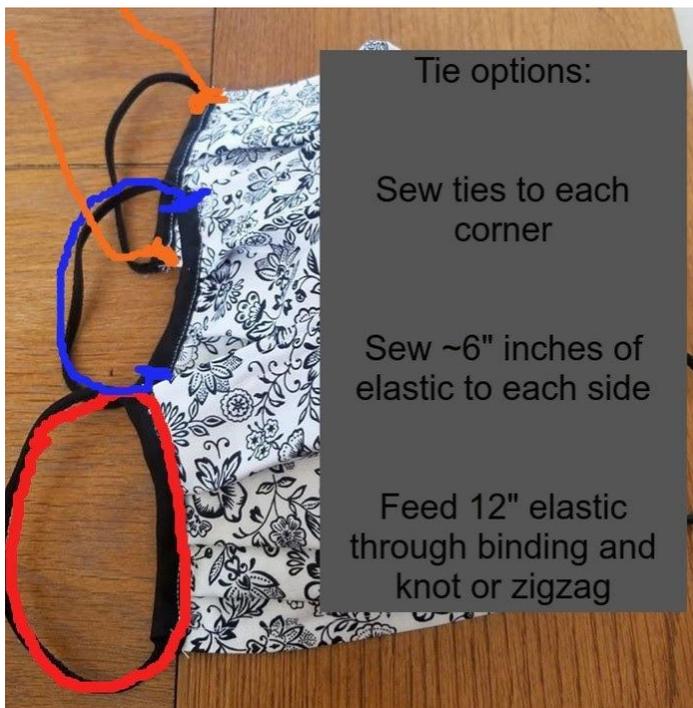


Figure 1

#2 Fitted mask with ties -- Skill level intermediate (curved seams, serging or turning under edges, topstitching)

Find the video [here](#).

To make this mask, you will need:

- 2 pattern pieces downloadable at [this link](#) (there is a kid size, too).. Cut 4 of piece A - 2 Main fabric, 2 lining and cut 2 of piece B , pocket fabric
- About 80" of tie material -- You can use bias tape or cut 2" strips of fabric as described in the tutorial.
- Nose wire -- I added this to the pattern. See variations section.

Variations:

The original pattern did not allow for a nose wire. I think it greatly increases the fit on the top of the face to have it. In order to add the nose wire, when top stitching is done, simply add a line of stitching along the top of the mask approximately $\frac{1}{4}$ " from your topstitching. See figure 2.

The great part about this is that it makes the nose wire removable.

I played with replacing the ties with elastic on this model, but I did not care for the fit on this.

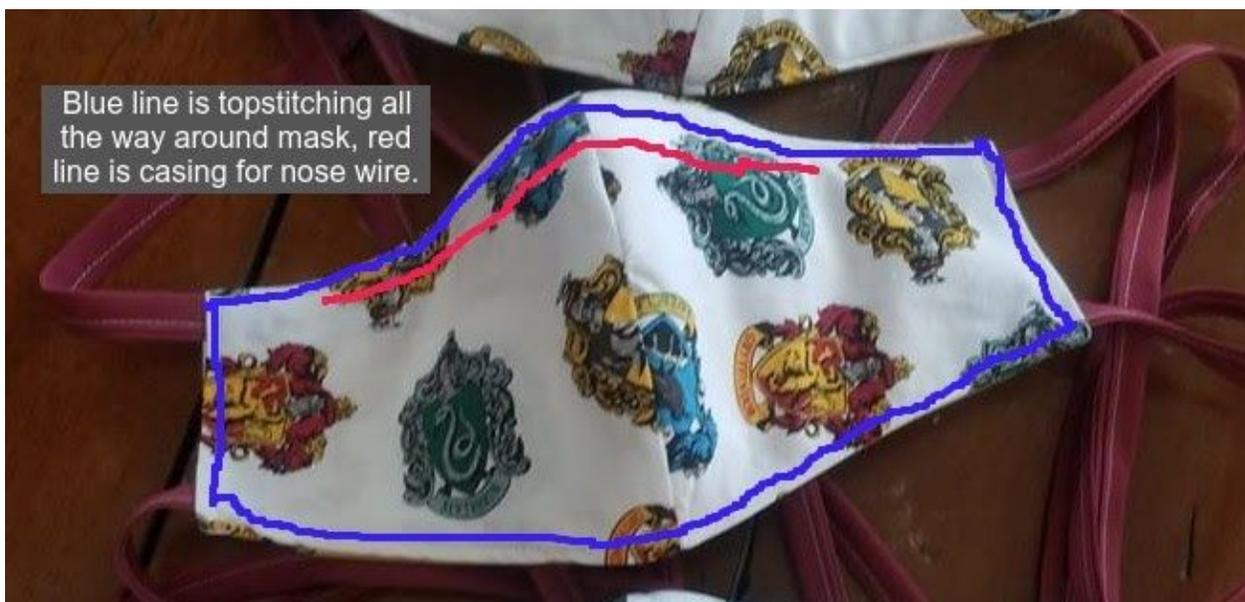


Figure 2

#3 Pleated mask with built in filter - Skill level advanced beginner (straight seams, flipping and pressing, pleats)

Find the video [here](#).

To make this mask, you will need:

- Pattern downloadable at [this link](#).
- 3 pattern pieces cut - 1 exterior, 1 lining and one non-fusible interfacing, each 9" x 8.5"
- 4 ties, either cut from pattern (4 strips 2" x 20") or ~80 inches of bias tape.

#4 Nurse's choice mask -- Skill level beginner (straight seams, flipping and pressing a rectangle)

Find the video [here](#).

To make this mask, you will need:

- Three rectangles of fabric 10" by 8" - 1 exterior fabric, 2 lining.
- About 50" of clothesline
- Nose wire

Full disclosure. I have not sewn this pattern, but I love the simplicity and the clothesline is readily available at hardware stores. It is a large mask that should accommodate any mask our frontline workers may wear underneath. See figure 3.



Figure 3

General guidelines:

1. Use a 100% quilter's cotton -- The fabric should be tight woven and not thick (like upholstery fabric), not slippery, and you should not be able to see through it. If you are still in doubt, play with fire. [Here](#) is a simple guide to how to flame test fabrics.
2. Interfacing for model #3 should be NON-FUSIBLE. That means it does not get ironed on. You can tell if interfacing is fusible because one side will have little bumps on it (that's the glue)
3. Always pre-wash and tumble dry your fabric to make sure there will be no mask shrinkage.
4. Mark your masks on the ziploc as washed or not washed for the organizers please.
5. Have fun! We aren't too picky in the northern NM Rosie group. We will find a use for all your home-crafted masks to help flatten the curve.

If you have any questions, feel free to contact Heather at heathernordquist@gmail.com